



## NEWS RELEASE

[www.sugarlandtx.gov](http://www.sugarlandtx.gov)

FOR IMMEDIATE RELEASE  
May 5, 2007

Contact: Steve Stewart  
281-275-2296

### **Sugar Land Wins Fourth Straight “Fittest City in Texas” Title**

*Sugar Land organizations and citizens earn an additional 9 wins in various categories!*

**Sugar Land, Texas** – To say Sugar Land is an “active city” is almost a passive statement. For the fourth consecutive year, Sugar Land has been named the “Fittest City in Texas” for its population range in the Texas Round-Up Governor’s Challenge. In addition to the “City Challenge” category, Sugar Land also won in the new Municipal Organization Category for 500 plus employees as well as nine additional category wins.

In recognition of all these *active* achievements, a **Texas Round-Up Championship IV Ceremony** will be held on Friday, May 11, at 8 p.m. The event will be held in Sugar Land Town Square Plaza in conjunction with the Charles Dotson concert that begins at 7 p.m.

Texas Round-Up is a statewide fitness initiative established by Governor Rick Perry to encourage Texans to live a more active and healthy lifestyle. Points are earned for all forms of physical fitness – from running to tennis to gardening – with points accumulated for time dedicated to physical activity and logged into the Texas Round-Up web site program. The nonprofit organization Shape Up Sugar Land, comprised of community and business leaders, was instrumental in helping the City retain its “Fittest City in Texas” title.

**Sugar Land ranks in the Top 50 of CNN/Money Magazine's “Best 100 Places to Live” in the Nation.**

For cities between 20,000 – 99,000 citizens, Sugar Land finished first, ahead of Cedar Park and Round Rock, respectively. In fact, Sugar Land has won this title all four years of the Texas Round-Up.

Sugar Land residents and organizations won distinction in these additional categories: In the School District Challenge, **The Honor Roll School** was the Governor's Cup winner for less than 1,000 students and **Fort Bend ISD** was the Gold Medal winner for 5,000 plus students; in the Fitness Clubs Challenge, **Houstonian Lite – Sugar Land** won the Governor's Cup, **Sweetwater Country Club** won the Bronze (for less than 100 members), and **Fort Bend Jazzercise** won the Governor's Cup (100 to 299 members); in the Service Organization category of 100 plus members, **Fort Bend Fit** won the Governor's Cup; in the Family Challenge category, the **Hattan family** earned their third straight Governor's Cup win in the five plus family members, with the **Lord family** taking the Gold Medal and the **Godfreys** earning the Governor's Cup in the less than five family member category.

Sugar Land's **Sharon Meyer**, a Fort Bend ISD 7<sup>th</sup> grade math teacher, was also selected as one of six finalists for the 2007 Texas Round-Up Fit Texan.